

What are you like?

You're special. There's nobody else in the world like you. You're special to your family, to your friends, and to the world. It's important to be the best you can because no one else can be you!

My name is _____ . My friends call me _____ .

1. Describe your character

Put a circle round the number that describes you. For example, in the first line: 1 = very positive, 2 = rather positive, 3 = not very positive or negative, 4 = rather negative, 5 = very negative.

I think I'm very positive ² .	1	2	3	4	5	I'm quite a negative person.
I'm usually reliable ³ .	1	2	3	4	5	I'm quite unreliable .
I'm quite confident ⁴ .	1	2	3	4	5	I'm quite shy ⁵ .
I'm hard-working ⁶ .	1	2	3	4	5	I'm quite lazy .
I have a good sense of humour ⁷ .	1	2	3	4	5	I'm usually quite serious ⁸ .
I'm usually quite patient ⁹ .	1	2	3	4	5	I'm quite impatient .

(taken from Redman, 2011)

2. Match the word

Read the definitions below. Match them with the bold words above.

1. What you are like as a person
2. Believe that good things will happen
3. Can be trusted to do what people expect you to do
4. Feeling sure about yourself and your abilities
5. Not confident, especially about meeting or talking to new people
6. Putting a lot of effort into your work and spending a lot of time on it
7. The ability to laugh and understand when something is funny
8. A serious person is quiet and doesn't laugh very much
9. Able to stay calm and not get angry, especially when things take a lot of time

I am _____ . (6 characteristics)

3. Now, go around the class and find 4-5 students who at least have two similar characteristics with you. Find a spot in the class and group together.

Vocabulary Exploration

4. Let's explore several words to describe a person. Describe the person in the sentence in one word.

talented	calm	serious	patient	unreliable	shy
sensible	mean	creative	hard-working		

1. My brother is in the office from 8 am to 6 pm every day. **Hard-working**
2. He has never bought me a drink in ten years. _____.
3. He often promises to do things, but sometimes he forgets. _____.
4. He explains things again and never gets angry. _____.
5. My sister finds it difficult to meet people and talk to strangers. _____.
6. She is very relaxed and doesn't seem to worry about things. _____.
7. She can play several musical instruments. _____.
8. My big brother is practical and doesn't do anything stupid. _____.
9. He is really good at using his imagination to think of new ideas. _____.
10. Our parents are nice, but they are quiet and they do not laugh a lot. _____.

5. Complete the sentences.

impatient	kind	stupid	character	humor
wish	lazy	clever	trust	nervous

1. My sister cannot wait for anything; she's so impatient.
2. She hasn't done a thing since she's been here. Honestly, she's so _____.
3. She's able to understand new ideas so quickly; she's very _____.
4. I get very _____ before exams; I need to try and relax a bit more.
5. I _____ I could paint as well as your brother; he's so creative.
6. I always have a laugh with my cousin – he's got a great sense of _____.
7. My cousin, Sarah says she'll do it, then she'll do it. I _____ her completely.
8. She helped me bake some cakes last week; she's very _____.